

STARTING MAY 19TH 2026					
SPRING-SUMMER MENU 2026					
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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	<i>Snack: Fruits</i> Butter Tofu and beans Basmati rice Crudités of the moment Pineapple-lime frozen delight, Milk <i>Snack: Homemade cookie</i>	<i>Snack: Fruits</i> Vegetarian pizza Cole slaw Fresh fruits, Milk <i>Snack: Soy butter on Triscuits crackers</i>	<i>Snack: Fruits</i> Chicken salad sandwiches Greek style orzo salad Fresh melon, Milk <i>Snack: Cheese and dry cereals</i>	<i>Snack: Fruits</i> Spaghetti with meat sauce (beef) Mesclun salad Californian style Fruit yogurt, Milk <i>Snack: Fruits scones</i>	<i>Snack: Fruits</i> Frittata Ole Couscous and seasonal vegetables, Fruit salad, Milk <i>Snack: Smoothie tutti-frutti</i>
2	<i>Snack: Fruits</i> Parmesan-mushrooms chicken Bulghur Seasonal vegetables Fresh fruit, Milk <i>Snack: Homemade fruits squares</i>	<i>Snack: Fruits</i> Meat lasagna Green goddess iceberg salad Roasted pineapples, Milk <i>Snack: Multigrain bagels and cream cheese</i>	<i>Snack: Fruits</i> Veggie burger on whole wheat english muffins, homemade sauce, and cheese Lettuce and tomatoes Fresh fruit, Milk <i>Snack: Rice cakes with pear compote</i>	<i>Snack: Fruits</i> Braised coconut curry fish Rice, Seasonal vegetables Fruit yogurt, Milk <i>Snack: Carrot-pineapple bread</i>	<i>Snack: Fruits</i> Broccoli and feta quiche Fattouch salad Fruit based smoothie, Milk <i>Snack: Cheese and whole wheat crackers</i>
3	<i>Snack: Fruits</i> Mexican lasagna with mixed beans, Carrot salad, Yogurt, Milk <i>Snack: Blueberry-oats muffins</i>	<i>Snack: Fruits</i> Tuna wraps Green salad with cheese and apples Fresh melon, Milk <i>Snack: Homemade soy butter cookies</i>	<i>Snack: Fruits</i> Chicken with ginger and lemon Vegetable bulghur Fruit mousse, Milk <i>Snack: Homemade fruity loaf</i>	<i>Snack: Fruits</i> Vegetable and tofu croquettes Tricolor fusillis with mushroom sauce Beet salad Summer delight, Milk <i>Snack: Vegetables and dip</i>	<i>Snack: Fruits</i> Beef meatloaf Roasted baby potatoes Summer mesclun salad Fresh fruit, Milk <i>Snack: Homemade ricotta spread with naan</i>
4	<i>Snack: Fruits</i> Chicken paella Beet salad Fresh fruit, Milk <i>Snack: Cheese and whole wheat crackers</i>	<i>Snack: Fruits</i> Deviled egg style pasta salad Tomatoes and cucumber platter à la caprese Creamy apple dessert, Milk <i>Snack: Homemade chickpea and chocolate chip cookies</i>	<i>Snack: Fruits</i> Waikiki chicken meatballs Rice, buttered corn Yogurt, Milk <i>Snack: Green apples and soy butter</i>	<i>Snack: Fruits</i> Beef penne with vegetables. Garden green salad. Ice cream cone, Milk. <i>Snack: Cornmeal and vegetable muffins</i>	<i>Snack: Fruits</i> Tofu General Tao Rice, Roasted seasonal vegetables, Fresh fruit, Milk <i>Snack: Crudités of the day and chef's dip</i>
5	<i>Snack: Fruits</i> Scoobidoos and cheese Broco-lentil salad Fruit salad, Milk <i>Snack: Naan and Wow butter</i>	<i>Snack: Fruits</i> Parmesan fish, Mixed grain pilaf, roasted vegetables Mandarin-yogurt delight, Milk <i>Snack: Raspberry bran muffins</i>	<i>Snack: Fruits</i> Chicken "guédilles" Multicolored pepper strips Melon slices, Milk <i>Snack: Grapes and cheese</i>	<i>Snack: Fruits</i> Vegetarian shepherd's pie Cucumber salad Fresh fruit, Milk <i>Snack: Bagel bites and cheese spread</i>	<i>Snack: Fruits</i> Egg salad sandwiches Ceasar salad, Homemade ice cream bars. Milk <i>Snack: Apples and dip</i>